



TRACKING INCOME AND EXPENSES

Week Of: _____

	Income +\$ (A)	Spending -\$ (B)
Sunday		
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
Saturday		
Totals		

Difference (Total A minus Total B) \$ _____

What is your total MONTHLY income? \$ _____ spending? \$ _____

Source: Adapted from High School Financial Planning Program, National Endowment for Financial Education, for Project C.A.S.H.
Handout #5